

Catching Your Dreams

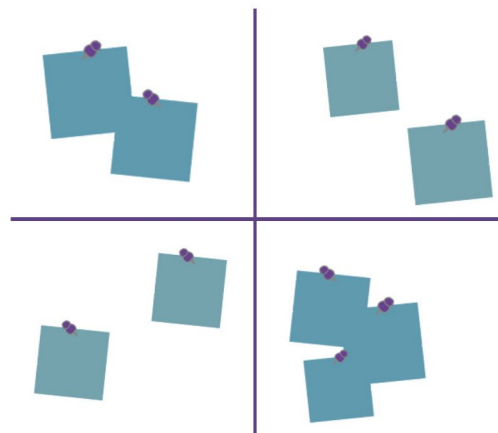
Envision your life's story. Dream of 27 things you would like to do in your lifetime. You will likely find that #1-5 will come easy, but as you proceed, you will have to dig deep to find #20-27.

27 Things I Want to Do in My Lifetime

1. _____	15. _____
2. _____	16. _____
3. _____	17. _____
4. _____	18. _____
5. _____	19. _____
6. _____	20. _____
7. _____	21. _____
8. _____	22. _____
9. _____	23. _____
10. _____	24. _____
11. _____	25. _____
12. _____	26. _____
13. _____	27. _____
14. _____	

Now, write your list on individual post-it notes. One thing per post-it. Find a wall or large sheet of paper and begin separating your post-its by theme.

What themes appear in your list?



Congratulations! You are on your way to finding your vision of the future.

Adapted from p. 78 of the following: McKee, A., Boyatis, R. & Johnston, F. (2008). *Becoming a Resonant Leader*. Harvard Business Press.